

A very warm welcome to St Michael's Church

Sunday 4 August 2024

In our Gospel Jesus gives us the bread of life because he is the bread of life. We hear his words, full of hope with the promise of eternal life. We are reminded that Jesus is with us now and gives himself to us.

Opening Sentence

God, come to my help. Lord, quickly give me assistance. You are the one who helps me and sets me free: Lord, do not be long in coming.

Opening Hymn: Immortal, invisible, God only wise.

Greeting and Entrance

In the name of the Father,
and of the Son and of the Holy Spirit. **Amen.**

The Lord be with you **and with your Spirit**

Call to Confession

My brothers and sisters,
to prepare ourselves to celebrate the sacred mysteries,
let us first call to mind our sin.

May almighty God have mercy on us, forgive us our sins and bring us to everlasting life. **Amen.**

Gloria (stand)

Glory to God in the highest and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Liturgy of the Word

Let us pray
Father of everlasting goodness,
our origin and our guide,
be close to us
and hear the prayers of all who praise you.
Forgive our sins and restore us to life.
Keep us safe in your love. **Amen**

First Reading

A reading from the book of Exodus (16:2-4.12-15)

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God."'

And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all-round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

This is the word of the Lord. **Thanks be to God.**

Gradual Hymn: Father, hear the prayer we offer.

Second Reading

A reading from St Paul's letter to the Ephesians (4:17.20-24)

In Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God: in his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

This is the Word of the Lord. **Thanks be to God.**

Alleluia

Alleluia, alleluia!

I am the Way, the Truth and the Life, says the Lord;
No one can come to the Father except through me.

Alleluia, alleluia!

Gospel

The Lord be with you, **And with your spirit.**

A reading from the Holy Gospel according to John

Glory to you, O Lord.

When the people saw that neither Jesus nor his disciples were there, they got into those boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?'

Jesus answered:

'I tell you most solemnly,
you are not looking for me because you have seen the signs
but because you had all the bread you wanted to eat.

Do not work for food that cannot last,
but work for food that endures to eternal life,
the kind of food the Son of Man is offering you,
for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: *He gave them bread from heaven to eat.*' Jesus answered:

'I tell you most solemnly,
it was not Moses who gave you bread from heaven,
it is my Father who gives you the bread from heaven,
the true bread;
for the bread of God
is that which comes down from heaven
and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life.
He who comes to me will never be hungry;
he who believes in me will never thirst.'

This is the Gospel of Our Lord. **Praise to you O Christ.**

Sermon

Creed (stand)

We believe in one God,
**the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**
**We believe in one Lord, Jesus Christ,
the only Son of God,**

**eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father.
Through him all things were made.
For us men and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate of the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son.**

**With the Father and the Son
he is worshipped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the
forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Intercessions (sit)

Lord in your mercy, **hear our prayer.**

The Peace

Priest: Christ is our peace! He has reconciled us to God in one body by the cross; we meet in his name and share his peace.

The peace of the Lord be always with you.

All: And also with you.

Offertory Hymn: I am the bread of life.

Offertory Prayers

Blessed are you, Lord God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made; it will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands; it will become for us our spiritual drink.

Blessed be God for ever.

Let us pray my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

**May the Lord accept this sacrifice at your hands,
for the praise and glory of his name,
for our good and the good of all his holy Church.**

The Eucharistic Prayer

Prayer over the Gifts

Merciful Lord,
make holy these gifts,
and let our spiritual sacrifice
make us an everlasting gift to you. **Amen**

The Lord be with you,
and with your spirit.

Lift up your hearts,
we lift them up to the Lord.

Let us give thanks to the Lord our God.
It is right and just.

Preface

Father, all powerful and ever living god,
we do well always and everywhere to give you thanks
through Jesus Christ our Lord.

He is the true and eternal priest
who established this unending sacrifice.
He offered himself as a victim for our deliverance
and taught us to make this offering in his memory.
As we eat his body which he gave for us,
we grow in strength.
As we drink his blood which he poured out for us,
we are washed clean.

Now, with angels and archangels,
and the whole company of heaven,
we sing the unending hymn of your praise

**Holy, holy, holy Lord,
God of power and God of might,
heaven and earth, heaven and earth are full of your glory
your power and might
Hosanna, hosanna, hosanna in the highest heaven.
Hosanna, hosanna, hosanna in the highest heaven.**

**Blessed, blessed is he who comes
Blessed, blessed is he who comes
Blessed is he, blessed is he,
who comes in the name of the Lord.
Hosanna, hosanna, hosanna in the highest heaven.
Hosanna, hosanna, hosanna in the highest heaven.**

Lord, you are holy indeed, the source of all holiness;
grant that, by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
Who in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying.
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way after supper
he took the cup and gave you thanks;
he gave it to them, saying.
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this as often as you drink it in remembrance of me.

Let us proclaim the mystery of faith:

Christ has died
Christ is risen
Christ will come again

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of all,
rejoicing at his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate the memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.
Send the holy spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Holy Mary mother of God,
St Michael and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord.

By whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever. **Amen.**

The Communion

Our Father
Let us pray with confidence to the Father
in the words our Saviour gave us:

**Our Father,
who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done;
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
and lead us not into temptation,
but deliver us from evil.
For thine is the Kingdom, the power,
and the glory for ever and ever. Amen.**

Breaking of the Bread:

All: **With this bread...**

Priest: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

People: **Lord, I am not worthy that you should enter under my roof,
but only say the word and my soul shall be healed.**

All: **With this wine...**

Communion Antiphon

I am the bread of life. A man who comes to me will not go away hungry, and no one who believes in me will thirst.

We now come forward to receive Communion or a blessing.

Communion Hymn: Sweet sacrament divine.

Prayer after Communion

Lord,
You give us the strength of new life
by the gift of the eucharist.
Protect us with your love
and prepare us for eternal redemption. **Amen.**

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen

The Blessing & Dismissal

Priest: The Lord be with you,
People: **And with your spirit.**

Bow your heads and pray for God's blessing

God the Holy Trinity make you strong in faith and love
Defend you on every side and guide in the way of truth and peace
And the blessing of God Almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

The Mass is ended, Go in peace. **Thanks be to God!**

Final Hymn: How lovely on the mountains are the feet of him.

Angelus: As I kneel before you.

At your service: Remember Fr Ian is called by God to serve the people of Wood Green so he is never too busy to talk to you should you need to.

Fr Ian Booth - 020 83513125 frianbooth@googlemail.com

Fr Simon Billington - frsimonbillington@gmail.com

We pray for all who are ill, that God may grant them health and peace:

Denise Clarke, Frances, Katie Kirkland, Bet, George Brown, Zarina, Abbey-Sue and Marcia, Barry James, Audley Watson, Lurleen, Georgia Cordell, Kathleen, Jean Bjork, Simon Payen, Shirley & Leslie Angus, Christopher John, Jazzmine Grimes, Michelle, Fannos Hadjiordani, Ray and Pam Bennett, Emmanuel Kuye, Krystyna Hammil, Cicely Blalock, Amy Harris, Jerry Moran, Daniel Sintin, Sally Sintin, Amie Samura, Marcus Cullen, Jennifer Douglas, Joshua Rattray, Victorine Clarke, Thomas Hewitt, Geri Thompson, Mary Thompson, Sarah Reggerie, Ian Lennon, Kathleen Wale, Serena Forni, Derek Ogden, Lawrence Barrett, Dominic Swift, Peter Clements, Jereline Simoms, Ayo Dumbuya, Dorren Norine, Shola Adebawale, Una and Pat Murphy, Andrea Negri, Shane Claridge, Francis Burniston, James Ighodaro, Theresa Naish, Anastasia, Allen, Jean Bromley, Josephine Baker, Saman Joseph, Myrtle, Joe Donkor, Dorothy, Brandon, Ronald, Edna Noel, Evelyn Baker, Gabriel, Anna and Louis, Jean, Dot, Rosemary Stone, Susan Joy, Mai Lee, Freddie Jones, Ester Fisher, Heather and Sarah, Dean Facey, Luke and John Burke, Nabawanda Matlida, Patrick, Donald, Lorraine, Mark Howse, Pat Stephenson, Alice Mitchell, Sue Mallett, Janet Syson.

for those who have died recently

Valerie Walker, Satish

and for all whose anniversary of death falls at this time:

6th August	His Honour Justice Emmanuel Metu
10th August	Esarlatin Yildirim, Ann

St Michael's Candle:

Is burning in loving memory of Rosemary Canjee

The Blessed Sacrament Candle:

Is burning for in loving memory of Mr and Mrs Robert Ng Y u Tin

The Blessed Virgin Mary's Candle:

Is burning in loving memory of Panayiotis and Androulla Ioannou

The flowers at St Michael's statue:

Given in Loving memory of