

A very warm welcome to St Michael's Church

Sunday 2 June 2024

The Lord of the Sabbath

The Christian Sabbath is the Lord's Day: the day of his triumph over sin and death. It is our day of respite from the drabness of the daily routine, the day on which in our mortal flesh the life of Jesus is openly shown.

Opening Sentence

O look at me and be merciful, for I am wretched and alone. See my hardship and my poverty, and pardon all my sins.

Opening Hymn: Jesus is Lord.

Greeting and Entrance

In the name of the Father,
and of the Son and of the Holy Spirit. **Amen.**

Alleluia! Christ is risen.
He is risen indeed. Alleluia!

Call to Confession

My brothers and sisters,
to prepare ourselves to celebrate the sacred mysteries,
let us first call to mind our sin.
May almighty God have mercy on us, forgive us our sins and bring us to
everlasting life. **Amen.**

Gloria

Glory to God in the highest and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Liturgy of the Word

Father,
Your love never fails.
Hear our call.
Keep us from danger
And provide for all our needs. **Amen**

First Reading

A reading from the book of Deuteronomy (5:12-15)

The Lord says this: "Observe the Sabbath day and keep it holy, as the Lord your God has commanded you. For six days you shall labour and do all your work, but the seventh day is a Sabbath for the Lord your God. You shall do no work that day, neither you nor your son nor your daughter nor your servants, man or woman, nor your ox nor your donkey nor any of your animals, nor the stranger who lives with you. Thus your servant, man or woman, shall rest as you do. Remember that you were a servant in the land of Egypt, and that the Lord your God brought you out from there with mighty hand and outstretched arm; because of this, the Lord your God has commanded you to keep the Sabbath day"

This is the word of the Lord. **Thanks be to God.**

Gradual Hymn: How deep the Father's love.

Second Reading

A reading from St Paul's second letter to the Corinthians (4:6-11)

It is the same God that said, "Let there be light shining out of darkness," who has shone in our minds to radiate the light of the knowledge of God's glory, the glory on the face of Christ.

We are only the earthenware jars that hold this treasure, to make it clear that such an overwhelming power comes from God and not from us. We are in difficulties on all sides, but never cornered; we see no answer to our problems, but never despair; we have been persecuted, but never deserted; knocked down, but never killed; always, wherever we may be, we carry with us in our body the death of Jesus, so that the life of Jesus, too, may always be seen in our body. Indeed, while we are still alive, we are consigned to our death every day, for the sake of Jesus, so that in our mortal flesh the life of Jesus, too, may be openly shown.

This is the Word of the Lord. **Thanks be to God.**

Gospel Acclamation

Alleluia, alleluia!

Your words are spirit, Lord,

And they are life:

You have the message of eternal life.

Alleluia, alleluia!

Gospel

The Lord be with you, **And also with you.**

A reading from the Holy Gospel according to Mark (2:23-3:6)

Glory to you, O Lord.

One Sabbath day Jesus happened to be taking a walk through the corn fields, and his disciples began to pick ears of corn as they went along. And the Pharisees said to him, "Look, why are they doing something on the Sabbath day that is forbidden?" And he replied 'Did you ever read what David did in his time of need when he and his followers were hungry- How he went into the house of God, when Abiathar was high priest, and ate the loaves of offering

which only the priests are allowed to eat, and how he also gave some to the men with him?

And he said to them, 'The Sabbath was made for man, not man for the Sabbath; so the Son of Man is master even of the Sabbath.'

He went again into a synagogue, and there was a man was there who had a withered hand. And they were watching him to see if he would cure him on the Sabbath day, hoping for something to use against him.

He said to the man with the withered hand, 'stand up out in the middle!' Then he said to them, 'Is it against the law on the Sabbath day to do good or to do evil, to save life or to kill?' But they said nothing. Then grieved to find them so obstinate, he looked angrily round at them, and said to the man, 'Stretch out your hand.' He stretched it out, and his hand was better. The Pharisees went out and at once began to plot with the Herodians against him, discussing how to destroy him.

This is the Gospel of Our Lord. **Praise to you O Christ.**

Sermon

Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father.
Through him all things were made.**

**For us men and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate of the Virgin Mary,
and was made man.**

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son
he is worshipped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the
forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Intercessions (sit)

Lord in your mercy, **hear our prayer.**

The Peace

Priest: Christ is our peace! He has reconciled us to God in one body by the cross; we meet in his name and share his peace.

The peace of the Lord be always with you.

All: And with your spirit.

Offertory Hymn: Just as I am.

Offertory Prayers

Blessed are you, Lord God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made; it will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands; it will become for us our spiritual drink.

Blessed be God for ever.

Let us pray my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

**May the Lord accept this sacrifice at your hands,
for the praise and glory of his name,
for our good and the good of all his holy Church.**

The Eucharistic Prayer

Prayer over the Gifts

Lord,
As we gather to offer our gifts
Confident in your love,
Make us holy by sharing your life with us
And by this eucharist forgive our sins
Through Christ our Lord. **Amen**

The Lord be with you,
and with your spirit.
Lift up your hearts,
we lift them up to the Lord.
Let us give thanks to the Lord our God.
It is right and just.

Preface

Father, all-powerful and ever living God,
we do well always and everywhere to give you thanks through Jesus Christ
our Lord.

Today you sent the Holy Spirit
on those marked out to be your children
by sharing the life of your only Son,
and so you brought the paschal mystery to its completion.

Today we celebrate the great beginning of your Church
when the Holy Spirit made known
to all peoples the one true God,
and created from the many languages of man
one voice to profess one faith.
The joy of the resurrection renews the whole world,
while the choirs of heaven sing for ever to your glory:

**Holy, holy, holy Lord,
God of power and God of might,
heaven and earth, heaven and earth are full of your glory
your power and might
Hosanna, hosanna, hosanna in the highest heaven.
Hosanna, hosanna, hosanna in the highest heaven.**

**Blessed, blessed is he who comes
Blessed, blessed is he who comes
Blessed is he, blessed is he,
who comes in the name of the Lord.
Hosanna, hosanna, hosanna in the highest heaven.
Hosanna, hosanna, hosanna in the highest heaven.**

Lord, you are holy indeed, the source of all holiness;
grant that, by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
Who in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying.
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way after supper
he took the cup and gave you thanks;
he gave it to them, saying.
Drink this, all of you;

this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this as often as you drink it in remembrance of me.

Let us proclaim the mystery of faith:

Christ has died

Christ is risen

Christ will come again

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of all,
rejoicing at his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate the memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.
Send the holy spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Holy Mary mother of God,
St Michael and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord.

By whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever. **Amen.**

The Communion

Our Father
Let us pray with confidence to the Father
in the words our Saviour gave us:

**Our Father,
who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done;**

on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
and lead us not into temptation,
but deliver us from evil.
For thine is the Kingdom, the power,
and the glory for ever and ever. Amen.

Breaking of the Bread:

All: **With this bread...**

Priest: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

People: **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

All: **With this wine...**

Communion Antiphon

I call upon you, God, for you will answer me; bend your ear and hear my prayer.

We now come forward to receive Communion or a blessing as directed by the sides people.

Communion Hymn: Love is his word.

Prayer after Communion

Lord,
As you give us the body and blood of your son,
Guide us with your spirit
That we may honour you
Not only with our lips,
But also with the lives we lead,
And so enter your Kingdom. **Amen.**

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen

Notices

The Blessing & Dismissal

The Lord be with you, **and also with you.**
Bow your heads and pray for God's blessing

Priest: The Mass is ended, Go in peace.
People: **Thanks be to God!**

Final Hymn: Christ triumphant.

Angelus: as I kneel before you.

At your service: Remember Fr Ian is called by God to serve the people of Wood Green so he is never too busy to talk to you should you need to.
Fr Ian Booth - 020 83513125 frianbooth@googlemail.com

We pray for all who are ill, that God may grant them health and peace:

Pam Howett, Denise Clarke, Bernice Kuye, Malicus Pownall, George Booth, Frances, Katie Kirkland, Bet, George Brown, Zarina, Abbey-Sue and Marcia, Barry James, Audley Watson, Lurleen, Christopher Gibbons, Georgia Cordell, Kathleen, Jean Bjork, Simon Payen, Shirley Angus, Christopher John, Jazzmine Grimes, Michelle, Androulla & Fannos Hadjiordani, Ray and Pam Bennett, Emmanuel Kuye, Krystyna Hammil, Cicely Blalock, Amy Harris, Jerry Moran, Daniel Sintin, Sally Sintin, Amie Samura, Marcus Cullen, Jennifer Douglas, Joshua Rattray, Victorine Clarke, Thomas Hewitt, Geri Thompson, Mary Thompson, Sarah Reggerie, Ian Lennon, Kathleen Wale, Serena Forni, Derek Ogden, Lawrence Barrett, Dominic Swift, Peter John Clements, Jereline Simoms, Ayo Dumbuya, Dorren Norine, Shola Adebawale, Una and Pat Murphy, Andrea Negri, Shane Claridge, Francis Burniston, James Ighodaro, Theresa Naish, Loiuse, Anastasia, Allen, Jean Bromley, Josephine Baker, Saman Joseph, Myrtle, Joe Donkor, Dorothy, Brandon, Ronald, Edna Noel, Evelyn Baker, Rita Thompson, Gabriel, Anna and Louis, Jean, Dot, Rosemary Stone, Susan Joy, Mai Lee, Freddie Jones, Ester Fisher, Heather and Sarah, Dean Facey, Luke and John Burke, Nabawanda Matlida, Patrick, Donald, Lorraine, Mark Howse, Steve Sparkhall, Martin Brand, Pat Stephenson

for those who have died recently

Bernice Kuye, Eileen Davenport, Malicus (Denzil) Pownall, Mary Conroy

and for all whose anniversary of death falls at this time:

2nd June	Michael Mutsambiwa
4th June	Wellington Chirwa, Priscilla Silcott, Harold William Dalziel
5th June	Miriam Terry, Graham Walker
6th June	Florence Colebrook, Daniel Ogufero
8th June	Norman Sturgess, Doreen Francis Brooker

St Michael's Candle:

Is burning in loving memory of Eustace Jarvis

The Blessed Sacrament Candle:

Is burning for in loving memory of Guy NgYu Tin

The Blessed Virgin Mary's Candle:

Is burning in loving memory of Stephen Robert White

The flowers at St Michael's statue:

Given in Loving memory of Norman Sturgess