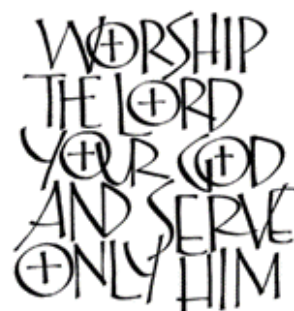


# A very warm welcome to St Michael's Church

Sunday 18th January 2024



## First Sunday of Lent

Lent recalls the forty days Jesus spent in the desert, during which time he was tempted by the devil. Yet, through prayer, fasting and faithfulness to the word of God he overcame the tempter. We too have to face temptations but by following the way of the Lord, God will help us to resist the evil one and assure us of a place in His Kingdom.

### Opening Sentence

When he calls on me, I will answer him;  
I will deliver him and give him glory,  
I will grant him length of days.

**Opening Hymn:** Take up thy cross

### Greeting and Entrance

In the name of the Father,  
and of the Son and of the Holy Spirit. **Amen.**

The Lord be with you, **And with your spirit.**

### Call to Confession

My brothers and sisters,  
to prepare ourselves to celebrate the sacred mysteries,  
let us first call to mind our sin.

May almighty God have mercy on us, forgive us our sins and bring us to everlasting life. **Amen.**

## **The Liturgy of the Word**

### **Opening Prayer**

Grant, almighty God,  
through the yearly observances of holy Lent,  
that we may grow in understanding  
of the riches hidden in Christ  
and by worthy conduct pursue their effects.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever. **Amen.**

### **First Reading**

*A reading from the book of Genesis (9:8-15)*

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

This is the word of the Lord. **Thanks be to God.**

**Gradual Hymn:** Father hear the prayer we offer

## Second Reading

*A reading from the first letter of St Peter (3:18-22)*

Christ himself, innocent though he was, had died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

This is the Word of the Lord. **Thanks be to God.**

## Gospel Acclamation

**Praise to you, O Christ, king of eternal glory!**

Man does not live on bread alone,  
but on every word that comes from the mouth of God.

**Praise to you, O Christ, king of eternal glory!**

## Gospel

The Lord be with you, **And with your spirit.**

*A reading from the Holy Gospel according to Mark (1:12-15)*

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

This is the Gospel of Our Lord. **Praise to you O Christ.**

# **Sermon**

## **Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one being with the Father.  
Through him all things were made.**

**For us men and for our salvation  
he came down from heaven;  
by the power of the Holy Spirit  
he became incarnate of the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son  
he is worshipped and glorified.  
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **Intercessions (sit)**

Lord in your mercy, **hear our prayer.**

## **The Peace**

**Priest:** Christ is our peace! He has reconciled us to God in one body by the cross; we meet in his name and share his peace.

The peace of the Lord be always with you.

**All: And with your spirit.**

**Offertory Hymn:** O Jesus I have promised

## **Offertory Prayers**

Blessed are you, Lord God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made; it will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands; it will become for us our spiritual drink.

**Blessed be God for ever.**

Let us pray my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

**May the Lord accept this sacrifice at your hands,  
for the praise and glory of his name,  
for our good and the good of all his holy Church.**

# The Eucharistic Prayer

## Prayer over the Gifts

Give us the right dispositions, O Lord, we pray,  
to make these offerings,  
for with them we celebrate the beginning  
of this venerable and sacred time.  
Through Christ our Lord. **Amen.**

The Lord be with you,  
**and with your spirit.**  
Lift up your hearts,  
**we lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right and just.**

## Preface

Father, all-powerful and everliving God,  
we do well always and everywhere to give you thanks through Jesus Christ  
our Lord.

His fast of forty days  
makes this a holy season of self-denial.  
By rejecting the devil's temptations  
he has taught us  
to rid ourselves of the hidden corruption of evil,  
and so to share his paschal meal in purity of heart,  
until we come to its fulfilment  
in the promised land of heaven.  
Now we join the angels and the saints  
as they sing their unending hymn of praise:

**Holy, holy, holy Lord,  
God of power and God of might,  
heaven and earth, heaven and earth are full of your glory  
your power and might  
Hosanna, hosanna, hosanna in the highest heaven.  
Hosanna, hosanna, hosanna in the highest heaven.**

**Blessed, blessed is he who comes**

**Blessed, blessed is he who comes  
Blessed is he, blessed is he,  
who comes in the name of the Lord.  
Hosanna, hosanna, hosanna in the highest heaven.  
Hosanna, hosanna, hosanna in the highest heaven.**

Lord, you are holy indeed, the source of all holiness;  
grant that, by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
Who in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying.  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way after supper  
he took the cup and gave you thanks;  
he gave it to them, saying.  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this as often as you drink it in remembrance of me.

Let us proclaim the mystery of faith:  
**Dying you destroyed our death, rising you restored our life.  
Lord Jesus, come in glory**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of all,  
rejoicing at his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate the memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.  
Send the holy spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,

so that we, in the company of Holy Mary mother of God,  
St Michael and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord.

By whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever. **Amen.**

## **The Communion**

Our Father

Let us pray with confidence to the Father  
in the words our Saviour gave us:

**Our Father,  
who art in heaven,  
hallowed be thy name,  
thy kingdom come, thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses  
as we forgive those who trespass against us.  
and lead us not into temptation,  
but deliver us from evil.  
For thine is the Kingdom, the power,  
and the glory for ever and ever. Amen.**

## **Breaking of the Bread:**

All: **With this bread...**

Priest: Behold the Lamb of God, behold him who takes away the sins of  
the world. Blessed are those called to the supper of the Lamb.

People: **Lord, I am not worthy that you should enter under my roof,  
but only say the word and my soul shall be healed.**

All: **With this wine...**



## Communion Antiphon

One does not live by bread alone,  
but by every word that comes forth from the mouth of God.

*We now come forward to receive Communion or a blessing as directed by the sides people.*

**Communion Hymn:** Let us break bread together

## Prayer after Communion

Father, you increase our faith and hope,  
you deepen our love in this communion.  
Help us to live by your words and to seek Christ, our bread of life, who is Lord  
for ever and ever. **Amen.**

**Almighty God, we thank you for feeding us with the body and blood of  
your Son Jesus Christ. Through him we offer you our souls and bodies  
to be a living sacrifice. Send us out in the power of your Spirit to live and  
work to your praise and glory. Amen**

## The Blessing & Dismissal

### Blessing

The Lord be with you, **and also with you.**

God give you grace to grow in holiness, to deny yourself,  
take up your cross and follow him  
And the blessing of God Almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

And may the blessing of God Almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **Amen.**

Go in the peace of Christ. **Thanks be to God.**

**Final Hymn:** Meekness and majesty

## The Angelus

Remember Fr Ian is called by God to serve the people of Wood Green so he is never too busy to talk to you should you need to.

At your service: Fr Ian Booth - 020 83513125 [frianbooth@googlemail.com](mailto:frianbooth@googlemail.com)

## Stations of the Cross

Tonight and every Sunday evening in Lent we shall follow the way of the Cross, a powerful devotion that reminds us of Christ's suffering and death. The Stations of the Cross mark the last 14 steps of Christ's life and at each station we pause to reflect and pray. The devotion lasts about 45 minutes. Do join us throughout Lent and be powerfully reminded of God's love for you.

**We pray for all who are ill, that God may grant them health and peace:**

Denise Clarke, Bernice Kuye, Malicus Pownall, George Booth, Frances, Katie Kirkland, Bet, George Brown, Zarina, Abbey-Sue and Marcia, Barry James, Audley Watson, Lurleen, Christopher Gibbons, Georgia Cordell, Kathleen, Jean Bjork, Simon Payen, Shirley Angus, Christopher John, Jazzmine Grimes, Michelle, Androulla & Fannos Hadjiordani, Ray and Pam Bennett, Emmanuel Kuye, Krystyna Hammil, Cicely Blalock, Amy Harris, Jerry Moran, Daniel Sintin, Sally Sintin, Amie Samura, Marcus Cullen, Jennifer Douglas, Joshua Rattray, Victorine Clarke, Thomas Hewitt, Geri Thompson, Mary Thompson, Sarah Reggerie, Ian Lennon, Kathleen Wale, Serena Forni, Derek Ogden, Lawrence Barrett, Dominic Swift, Peter John Clements, Jereline Simoms, Ayo Dumbuya, Dorren Norine, Shola Adebawale, Una and Pat Murphy, Andrea Negri, Shane Claridge, Francis Burniston, James Ighodaro, Theresa Naish, Loiuse, Anastasia, Allen, Jean Bromley, Josephine Baker, Saman Joseph, Myrtle, Joe Donkor, Dorothy, Brandon, Ronald, Edna Noel, Evelyn Baker, Rita Thompson, Gabriel, Anna and Louis, Jean, Dot, Rosemary Stone, Susan Joy, Mai Lee, Freddie Jones, Ester Fisher, Heather and Sarah, Dean Facey, Luke and John Burke

**for those who have died recently**

Stanley & Clyde Grimes, Catherine McArdle; Comfort Renner, Fr David Begg

**and for all whose anniversary of death falls at this time:**

18th January	Pam Miller
22nd January	Panayiota Petrou
24th January	Douglas Hunte

**St Michael's Candle:**

Is burning in loving memory of Marlene Ng Yu Tin

**The Blessed Sacrament Candle:**

Is burning for in loving memory of Pany Savva- Panayi

**The Blessed Virgin Mary's Candle:**

Is burning in loving memory of Rosemary Canjee

**The flowers at St Michael's statue:**

Given in Loving memory of Stanley & Clyde Grimes