

A very warm welcome to St Michael's Church

Sunday 4th February 2024

Come, let us worship the Lord

Everybody is looking for the Christ. Christ gives meaning to our lives. Without him life would be no better than hired drudgery, but with his spirit in us all our service of others is done for love of him.

It is a service which brings us perfect freedom.

The world needs Christ and it is our duty to bring him to everyone".

Opening Sentence

Come, let us worship the Lord.
Let us bow down in the presence of our maker,
for he is the Lord our God.

Opening Hymn: To God be the glory

Greeting and Entrance

In the name of the Father,
and of the Son and of the Holy Spirit. **Amen.**

The Lord be with you, **And with your spirit.**

Call to Confession

My brothers and sisters,
to prepare ourselves to celebrate the sacred mysteries,
let us first call to mind our sin.
May almighty God have mercy on us, forgive us our sins and bring us to
everlasting life. **Amen.**

Gloria

Glory to God in the highest and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Liturgy of the Word

Keep your family safe, O Lord, with unfailing care,
that, relying solely on the hope of heavenly grace,
they may be defended always by your protection.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. **Amen.**

First Reading

A reading from the prophet Job (7:1-4,6-7)

Job began to speak:
Is not man's life on earth nothing more than pressed service,
his time no better than hired drudgery?
Like the slave, sighing for the shade,
or the workman with no thought but his wages,
months of delusion I have assigned to me,
nothing for my own but nights of grief.
Lying in bed I wonder, 'When will it be day?'
Risen I think, 'How slowly evening comes!'
Restlessly I fret till twilight falls.
Swifter than a weaver's shuttle my days have passed,
and vanished, leaving no hope behind.
Remember that my life is but a breath,
and that my eyes will never again see joy.
This is the word of the Lord. **Thanks be to God.**

Gradual Hymn: Seek ye first the kingdom of God

Second Reading

A reading from the first letter of St Paul to the Corinthians.

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

This is the Word of the Lord. **Thanks be to God.**

Alleluia

Alleluia, alleluia!

I am the light of the world, says the Lord.
anyone who follows me will have the light of life.

Alleluia, alleluia!

Gospel

The Lord be with you, **And with your spirit.**

A reading from the Holy Gospel according to Saint Mark, (1:29-39)

Glory to you, Lord.

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them. That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round

the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was. In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

This is the Gospel of Our Lord. **Praise to you O Christ.**

Sermon

Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father.
Through him all things were made.**

**For us men and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate of the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son
he is worshipped and glorified.
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the
forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Intercessions (sit)

Lord in your mercy, **hear our prayer.**

The Peace

Priest: Christ is our peace! He has reconciled us to God in one body by the cross; we meet in his name and share his peace.

The peace of the Lord be always with you.

All: And with your spirit.

Offertory Hymn: All hail the power of Jesus name

Offertory Prayers

Blessed are you, Lord God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made; it will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands; it will become for us our spiritual drink.

Blessed be God for ever.

Let us pray my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

**May the Lord accept this sacrifice at your hands,
for the praise and glory of his name,
for our good and the good of all his holy Church.**

The Eucharistic Prayer

Prayer over the Gifts

Grant us, O Lord, we pray,
that we may participate worthily in these mysteries,
for whenever the memorial of this sacrifice is celebrated
the work of our redemption is accomplished.
Through Christ our Lord. **Amen**

The Lord be with you,
and with your spirit.
Lift up your hearts,
we lift them up to the Lord.
Let us give thanks to the Lord our God.
It is right and just.

Preface

Father, all-powerful and everliving God,
we do well always and everywhere to give you thanks through Jesus Christ
our Lord.

Through his cross and resurrection
he freed us from sin and death
and called us to the glory that has made us
a chosen race, a royal priesthood,
a holy nation, a people set apart.

Everywhere we proclaim your mighty works

for you have called us out of darkness
into your own wonderful light.

And so, with all the choirs of angels in heaven
we proclaim your glory
and join in their unending hymn of praise:

**Holy, holy, holy Lord,
God of power and God of might,
heaven and earth, heaven and earth are full of your glory
your power and might
Hosanna, hosanna, hosanna in the highest heaven.
Hosanna, hosanna, hosanna in the highest heaven.**

**Blessed, blessed is he who comes
Blessed, blessed is he who comes
Blessed is he, blessed is he,
who comes in the name of the Lord.
Hosanna, hosanna, hosanna in the highest heaven.
Hosanna, hosanna, hosanna in the highest heaven.**

Lord, you are holy indeed, the source of all holiness;
grant that, by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
Who in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying.
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way after supper
he took the cup and gave you thanks;
he gave it to them, saying.
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this as often as you drink it in remembrance of me.

Let us proclaim the mystery of faith:

Christ has died, Christ is risen, Christ will come again.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of all,
rejoicing at his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate the memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.
Send the holy spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Holy Mary mother of God,
St Michael and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord.

By whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever. **Amen.**

The Communion

Our Father
Let us pray with confidence to the Father
in the words our Saviour gave us:
Our Father,
who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done;
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
and lead us not into temptation,
but deliver us from evil.
For thine is the Kingdom, the power,
and the glory for ever and ever. Amen.

Breaking of the Bread:

All: **With this bread...**

Priest: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

People: **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

All: **With this wine...**

Communion Antiphon

I am the light of the world, says the Lord.
anyone who follows me will have the light of life.

We now come forward to receive Communion or a blessing as directed by the sides people.

Communion Hymn: As the deer pants for the water
Holy, holy, holy is the Lord

Prayer after Communion

God our Father,
you give us a share in the one bread and the one cup
and make us one in Christ.
Help us to bring your salvation and joy
to all the world.

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory.

Amen

The Blessing & Dismissal

Blessing

The Lord be with you, **and also with you.**

May the Father make our inner selves whole.
May the Son heal all that keeps us from his love.
May the Spirit set alight in us the fire of his new life.
May the blessing of God Almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

Go in the peace of Christ. **Thanks be to God.**

Final Hymn: These are the days of Elijah

The Angelus

Ash Wednesday

Sunday 18th February

Wednesday 14th Feb 7.30pm Mass

1st Sunday Lent

Remember Fr Ian is called by God to serve the people of Wood Green so he is never too busy to talk to you should you need to.

At your service: Fr Ian Booth - 020 83513125 frianbooth@googlemail.com

Tuesday 6th February 2024
11am Mass St Michael at Bowes

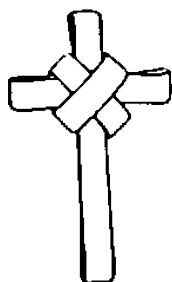
Wednesday 7th February
12 noon Mass SMWG

Thursday 8th February
No Holy Hour for next 2 weeks

Friday 9th February
12 noon Mass SMWG

Saturday 10th February
Mass 12 noon St Michael's WG

Sunday 11th February
No 8.30 am this week. Sung Mass 10.30am with Sunday school



Palm Crosses - If you would like to return your palm cross to be used for the ashes on Ash Wednesday please place them in them in the basket at the back of Church by Shrove Tuesday. Thank you.

1st Sunday of Lent - On Sunday 18th February we celebrate the first Sunday of Lent. We are encouraged to bring along an Icon, a Cross or an article of religious devotion to be blessed for use during Lent. So please feel free to bring along something that will assist you in the keeping of a good Lent that it may be blessed and set apart to God's glory.

We pray for all who are ill, that God may grant them health and peace:

Denise Clarke, Bernice Kuye, Malicus Pownall, George Booth, Frances, Katie Kirkland, Bet, George Brown, Zarina, Abbey-Sue and Marcia, Barry James, Audley Watson, Lurleen, Christopher Gibbons, Georgia Cordell, Kathleen, Jean Bjork, Simon Payen, Shirley Angus, Christopher John, Jazzmine Grimes, Michelle, Androulla & Fannos Hadjiordani, Ray and Pam Bennett, Emmanuel Kuye, Krystyna Hammil, Cicely Blalock, Amy Harris, Jerry Moran, Daniel Sintin, Sally Sintin, Amie Samura, Marcus Cullen, Jennifer Douglas, Joshua Rattray, Victorine Clarke, Thomas Hewitt, Geri Thompson, Mary Thompson, Sarah Reggerie, Ian Lennon, Kathleen Wale, Serena Forni, Derek Ogden, Lawrence Barrett, Dominic Swift, Peter John Clements, Jereline Simoms, Ayo Dumbuya, Dorren Norine, Shola Adebawale, Una and Pat Murphy, Andrea Negri, Shane Claridge, Francis Burniston, James Ighodaro, Theresa Naish, Loiuisse, Anastasia, Allen, Jean Bromley, Josephine Baker, Saman Joseph, Myrtle, Joe Donkor, Dorothy, Brandon, Ronald, Edna Noel, Evelyn Baker, Rita Thompson, Gabriel, Anna and Louis, Jean, Dot, Rosemary Stone, Susan Joy, Mai Lee, Freddie Jones, Ester Fisher

for those who have died recently

Stanley & Clyde Grimes, Catherine McArdle; Anita Atherley

and for all whose anniversary of death falls at this time:

4th February	Annie Nelson, Amanda Okenwa
6th February	Julie Rowland
8th February	Experito Kato
9th February	Alice Norfolk

St Michael's Candle:

Is burning in loving memory of Mr and Mrs Robert Ng Yu Tin

The Blessed Sacrament Candle:

Is burning for in loving memory of Pakion Sunassee

The Blessed Virgin Mary's Candle:

Is burning in loving memory of Marcel NgYuTin

The flowers at St Michael's statue:

Given in Loving memory of Stanley & Clyde Grimes