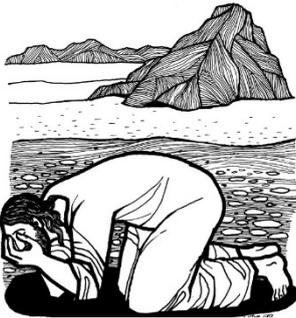


A very warm Welcome to St Michael's Church



Each of us is involved in a constant struggle against temptation. We see from the Gospel that Jesus too was tempted. Hence, he understands our weakness in the face of temptation. And because he was victorious over temptation, he can help us.

First Sunday of Lent

Sunday 6th March 2022

Opening Sentence

When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.

Hymn: Forty Days and forty nights

Greeting and Entrance

In the name of the Father,
and of the Son and of the Holy Spirit. **Amen.**

The Lord be with you.
And with your spirit.

Penitential Rite

Lord Jesus, you came to gather the nations into the peace of
God's Kingdom **Lord have mercy**

You come in word and sacrament to strengthen us in holiness.
Christ have mercy

You will come in glory with salvation for your people.
Lord have mercy

May almighty God have mercy on us, forgive us our sins and bring
us to everlasting life. **Amen.**

The Liturgy of the Word

Grant, almighty God,
through the yearly observances of holy Lent,
that we may grow in understanding
of the riches hidden in Christ
and by worthy conduct pursue their effects.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. **Amen**

First Reading

A reading from Deuteronomy (26:4-10)

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, the Lord, have given me."

'You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

This is the word of the Lord
Thanks be to God

Gradual hymn: God forgave my sin in Jesus name

Second Reading

A reading from the first letter of St Peter to the Romans (10:8-13)

Scripture says: *The word* (that is the faith we proclaim) *is very near to you, it is on your lips and in your heart.* If your lips confess that

Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: *those who believe in him will have no cause for shame*, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask his help, *for everyone who calls on the name of the Lord will be saved*.

This is the Word of the Lord. **Thanks be to God.**

Gospel Acclamation

Praise to you, O Christ, king of eternal glory!

Man does not live on bread alone,
but on every word that comes from the mouth of God.

Praise to you, O Christ, king of eternal glory!

Gospel

The Lord be with you,
And also with you.

A reading from the Holy Gospel according to Luke (4:1-13)

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says:

You must worship the Lord your God,
and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you
to guard you,
and again:

They will hold you up on their hands
in case you hurt your foot against a stone.'
But Jesus answered him, 'It has been said:
You must not put the Lord your God to the test.'
Having exhausted all these ways of tempting him, the devil left
him, to return at the appointed time.

This is the Gospel of Our Lord.
Praise to you O Christ.

Sermon (Sit)

Creed (Stand)

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate of the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,

who proceeds from the Father and the Son.
With the Father and the Son
he is worshipped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the
forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Intercessions (sit)

Lord in your mercy, **hear our prayer.**

The Peace

Priest: Jesus tells us:

‘If you bring your gift to the altar and then remember that your neighbour has something against you, first be reconciled with your neighbour and then offer your gift.’ (Mt. 5:24)
Christ has reconciled us to God in one body by the cross;
we meet in his name and share his peace.

The peace of the Lord be with you always.

All: And also with your spirit.

Offertory Hymn: Take up thy cross, the saviour said

Offertory Prayers

Prayer over the Gifts

Give us the right dispositions, O Lord, we pray,
to make these offerings,
for with them we celebrate the beginning
of this venerable and sacred time.
Through Christ our Lord. **Amen**

The Lord be with you, **and with your spirit.**
Lift up your hearts, **we lift them up to the Lord.**
Let us give thanks to the Lord our God. **It is right and just.....**

Preface

Father, all – powerful and ever- living God,
we do well always and everywhere to give you thanks
through Jesus Christ our Lord.

His fast of forty days
makes this a holy season of self- denial.
By rejecting the devil's temptations
he has taught us
to rid ourselves of the hidden corruption of evil,
and so to share his pascal meal in purity of heart,
until we come to its fulfilment
in the promised land of heaven.

Now we join the angels and the saints
as they sing their unending hymn of praise:

**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that, by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
Who in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying.
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way after supper
he took the cup and gave you thanks;
he gave it to them, saying.

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Do this as often as you drink it in remembrance of me.
Let us proclaim the mystery of faith:

**Christ has died
Christ is risen
Christ will come again**

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of all,
rejoicing at his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate the memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.
Send the holy spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Holy Mary mother of God, St
Michael and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord.

By whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever. **Amen.**

The Communion

Our Father

Let us pray with confidence to the Father
in the words our Saviour gave us:
**Our Father,
who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done;
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.
and lead us not into temptation,
but deliver us from evil.**

the priest continues.....

**For thine is the Kingdom, the power,
and the glory for ever and ever. Amen.**

Breaking of the Bread:

Priest: We break this bread to share in the body of Christ.

People: Though we are many we are one body, because we all share in the one bread.

Preparation for Communion:

All: **With this bread...**

Priest: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

People: **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

All: **With this wine...**

We now come forward to receive Communion or a blessing

Communion Antiphon

One does not live by bread alone,
but by every word that comes forth from the mouth of God.

If watching the Mass online, we would encourage you to join in with the liturgy. At the point at which the clergy who are present receive Holy Communion you may wish to make an act of spiritual communion by using the following prayer:

Lord Jesus Christ, you are the bread of life and the one true vine. I believe that you are truly present in the Most Holy Sacrament of the Eucharist. I seek you. I worship and adore you. Since I cannot receive you in the Eucharistic bread and wine, I pray that you will come into my heart and soul, that I may be united to you, by your all-powerful and ever-present Holy Spirit. Let me receive you, and be nourished by you. Become for me the manna in my wilderness, the bread of angels for my very human journey through time, a foretaste of the heavenly banquet, and solace in the hour of my death. I pray all this, trusting that you yourself are our Life, our Peace, and our everlasting Joy. **Amen.**

Communion Hymn: Take my life and let it be

Prayer after Communion

Renewed now with heavenly bread,
by which faith is nourished, hope increased,
and charity strengthened,
we pray, O Lord,
that we may learn to hunger for Christ,
the true and living Bread,
and strive to live by every word
which proceeds from your mouth.

Through Christ our Lord. **Amen**

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

The Blessing & Dismissal

The Lord be with you.

And with your spirit.

Bow your heads and pray for God's blessing.

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing...

The Mass is ended, Go in peace.

Thanks be to God!

Final Hymn: There is a redeemer

The Angelus

At your service:

Fr Ian Booth 020 83513125 frianbooth@googlemail.com

Fr Tom Smith 020 30168082 curatetom@outlook.com

Fr Engin Yildirim 07908 335400 engin.yildirim@veritas-account.com

Your clergy are called by God to serve you and are always happy to speak with you

Web:woodgreenparish.com



Wood green parish church of St Michael



@StMichaelsN22

Making an offering to the Church via your bank: -

St Michael Wood Green Business Premium Account

Sort code 20-98-21 Account number 00790869

Using as reference: Gift and you name, if you wish.

Food Bank -Thank you to all who have given so far, it is much appreciated especially as we are feeding over 250 families each week on **Tuesdays and Thursdays 12-4pm**



St Michael's Followers – Our junior church (children over the age of 5.) meet every Sunday during the 10.30am Mass. We continue to use hand sanitizer and ensure all touch areas are cleaned before and after use. The children are given their own supplies for their use only. We ask that parents complete a registration form for their children.

Lent Course: Lent is the great season of springtime in the Church's calendar through which we prepare for the great climax of Easter. So it's appropriate, alongside our fasting – our giving up of things upon which we've become too dependent or taking up of a particular commitment – Lent course Meeting weekly on Thursdays at 7pm



Stations of the Cross will take place every Sunday evening throughout Lent beginning at 6pm. This powerful and demanding devotion really helps us in our understanding of God's deep love for us and would be a great Lenten discipline to take on in the holy season.

We pray for all who are ill, that God may grant them health and peace:

Lurleen, Osita Nwakor, Christopher Gibbons, Georgia Cordell, Naomi Brown, Francis Ng Yu Tin, Baby Naira, Kathleen, Eric, Kate, Seelah, Maureen Clements, Jean Bjork, Simon Payen, Shirley Angus, Augustus Olufunwa, Chris Zinzan, Jazzmine Grimes, Claudette, Androulla & Fannos Hadjiordani, Ray and Pam Bennett , Emmanuel Kuye, Doreen Lelliot, Bob Wood, Krystyna Hammil, Cicely Blalock, Amy Harris, Jerry Moran, Daniel Sintin, Sally Sintin, Amie Samura, Marcus Cullen, Jennifer Douglas, Alexandra F Assis, Joshua Rattray, Victorine Clarke, Thomas Hewitt, Geri Thompson, Mary Thompson, Sarah Reggerie, Ian Lennon, Kathleen Wale, Serena Forni, Derek Ogden, Lawrence Barrett, Dominic Swift, Peter John Clements, Patience Mafunga, Jereline Simoms, Ayo Dumbuya, , Dorren Norine, Beverley Pownall, Shola Adebowale ,Una and Pat Murphy , Andrea Negri, Shane Claridge, Francis Burniston, James Ighodaro, Theresa Naish, Louiise, Anastasia, Allen, Jean Bromley, Angela Whyte, Josephine Baker, Saman Joseph, Myrtle, Brenda la Rose, Joe Donkor, Dorothy, Brandon, Ronald, Edna Noel, Anita Atherley, Evelyn Baker, Vincent Booth, Rita Thompson, Mark, Ogbonna Quarcoopme-Harper, Gabriel, Julie Zinzan, Margaret and Ted, Adeline

for those who have died recently

Joe and Fananda,

and for all whose anniversary of death falls at this time:

8th March

Joseph Egemonye

9th March

Leabert Rowe, Bert Hibbert

St Michael's Candle: Is burning in Loving memory of
Goopal Mootosamy

The Blessed Sacrament Candle: is burning in loving memory of
Mr and Mrs Robert NgYu Tin

The Blessed Virgin Mary's Candle: is burning in loving memory of
Marcel NgYuTin



Lenten Journey 2022



Sundays in Lent

Said Mass 8.30am
Parish Mass 10.30am
Stations of the Cross 6pm

Tuesdays in Lent

Mass 11am St Michael at Bowes
Followed by Lent Group bible study at St Michael at Bowes

Wednesdays in Lent

Mass 12noon
Silent prayer from 11.30am

Thursdays in Lent

Lent course 7pm SMWG

Fridays in Lent

Fast Day
Mass 5.30pm
Followed by breaking of the fast with spiced loaf and hot chocolate

Saturdays in Lent

Mass 12noon