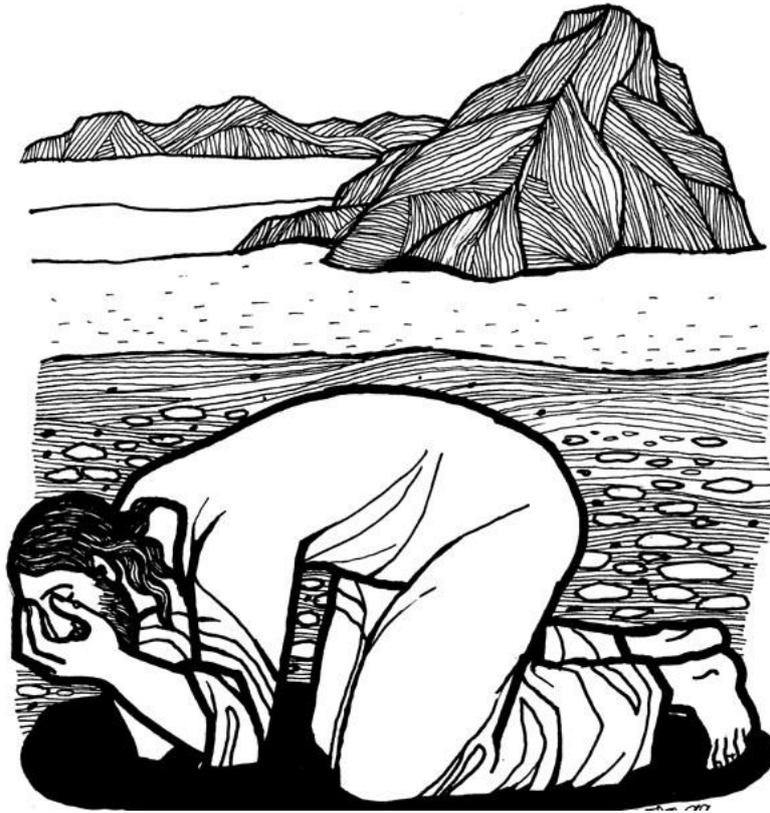


A very warm Welcome to St Michael's Church



Each of us is involved in a constant struggle against temptation. We see from the Gospel that Jesus too was tempted. Hence, he understands our weakness in the face of temptation. And because he was victorious over temptation, he can help us.

First Sunday of Lent

Sunday 21st February 2021

Opening Sentence

When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.

Greeting and Entrance

In the name of the Father,
and of the Son and of the Holy Spirit. **Amen.**

The Lord be with you
And with your spirit

Penitential Rite

Lord Jesus, you came to gather the nations into the peace of
God's Kingdom **Lord have mercy**

You come in word and sacrament to strengthen us in holiness.
Christ have mercy

You will come in glory with salvation for your people.
Lord have mercy

May almighty God have mercy on us, forgive us our sins and bring
us to everlasting life. **Amen.**

The Liturgy of the Word

Grant, almighty God,
through the yearly observances of holy Lent,
that we may grow in understanding
of the riches hidden in Christ
and by worthy conduct pursue their effects.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. **Amen**

First Reading

A reading from the book of Genesis (9:8-15)

God spoke to Noah and his sons, 'See, I establish my Covenant
with you, and with your descendants after you; also with every
living creature to be found with you, birds, cattle and every wild

beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

This is the word of the Lord

Thanks be to God

Responsorial Psalm 24 (25):4-6, 7b-9

R: Your ways, Lord, are faithfulness and love for those who keep your covenant.

Lord, make me know your ways.

Lord, teach me your paths.

Make me walk in your truth, and teach me:
for you are God my saviour. **R:**

Remember your mercy, Lord,
and the love you have shown from of old.

In your love remember me.
because of your goodness, O Lord. **R:**

The Lord is good and upright.

He shows the path to those who stray,
He guides the humble in the right path,
He teaches his way to the poor. **R:**

Second Reading

A reading from the first letter of St Peter (3:18-22)

Christ himself, innocent though he was, had died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight

people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

This is the Word of the Lord.

Thanks be to God.

Gospel Acclamation

Praise to you, O Christ, king of eternal glory!

Man does not live on bread alone,
but on every word that comes from the mouth of God.

Praise to you, O Christ, king of eternal glory!

Gospel

The Lord be with you,
And also with you.

A reading from the Holy Gospel according to Mark (1:12-15)

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

This is the Gospel of Our Lord.

Praise to you O Christ.

Sermon

Creed

We believe in one God,
**the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father.
Through him all things were made.
For us men and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate of the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son
he is worshipped and glorified.
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the
forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Intercessions (Sit)

Lord in your mercy, hear our prayer.

The Peace

Jesus tells us:

'If you bring your gift to the altar and then remember that your neighbour has something against you, first be reconciled with your neighbour and then offer your gift.' (Mt. 5:24)

Christ has reconciled us to God in one body by the cross; we meet in his name and share his peace.

The peace of the Lord be with you always.

And also with your spirit.

Offertory Prayers

Blessed are you, Lord God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made; it will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands; it will become for us our spiritual drink.

Blessed be God for ever.

Let us pray my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

**May the Lord accept this sacrifice at your hands,
for the praise and glory of his name,
for our good and the good of all his holy Church.**

The Eucharistic Prayer

Prayer over the Gifts

Give us the right dispositions, O Lord, we pray,
to make these offerings,
for with them we celebrate the beginning
of this venerable and sacred time.

Through Christ our Lord. **Amen**

The Lord be with you,
and with your spirit.

Lift up your hearts,
we lift them up to the Lord.

Let us give thanks to the Lord our God.
It is right and just

Preface

Father, all powerful and ever living God,
we do well always and everywhere to give you thanks
through Jesus Christ our Lord.

His fast of forty days
makes this a holy season of self-denial.
By rejecting the devil's temptations
he has taught us
to rid ourselves of the hidden corruption of evil,
and so to share his paschal meal in purity of heart,
until we come to its fulfilment
in the promised land of heaven.
Now we join the angels and the saints
as they sing their unending hymn of praise:

**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that, by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
Who in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying.
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way after supper
he took the cup and gave you thanks;
he gave it to them, saying.
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.

Do this as often as you drink it in remembrance of me.

Let us proclaim the mystery of faith:

Christ has died, Christ is risen, Christ will come again.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of all,
rejoicing at his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate the memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.
Send the holy spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Holy Mary mother of God,
St Michael and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord.
By whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever. Amen.

The Communion

Our Father

Let us pray with confidence to the Father
in the words our Saviour gave us:

**Our Father,
who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done;
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us.**

**and lead us not into temptation,
but deliver us from evil.
For thine is the Kingdom, the power,
and the glory for ever and ever. Amen.**

Breaking of the bread

We break this bread to share in the Body of Christ.

**Though we are many, we are one Body,
because we all share in one Bread.**

Lamb of God

**Lamb of God, you take away the sins of the world;
have mercy on us.**

**Lamb of God, you take away the sins of the world;
have mercy on us.**

**Lamb of God, you take away the sins of the world;
grant us peace.**

This is the Lamb of God who takes away the sin of the World.
Happy are those who are called to His supper.

**Lord I am not worthy to receive you
but only say the word and I shall be healed.**

Communion Antiphon

Man does not live on bread alone, but on every word that comes
from the mouth of God.

*If watching the Mass online, we would encourage you to join in with the
liturgy. At the point at which the clergy who are present receive Holy
Communion you may wish to make an act of spiritual communion by
using one of the following prayers:*

My Jesus, I believe that you are in the Blessed Sacrament. I love
you above all things, and I long for you in my soul. Since I cannot
now receive you sacramentally, come at least spiritually into my
heart. As though you have already come, I embrace you and unite
myself entirely to you; never permit me to be separated from you.
Amen.

Or

Lord Jesus Christ, you are the bread of life and the one true vine. I believe that you are truly present in the Most Holy Sacrament of the Eucharist. I seek you. I worship and adore you. Since I cannot receive you in the Eucharistic bread and wine, I pray that you will come into my heart and soul, that I may be united to you, by your all-powerful and ever-present Holy Spirit. Let me receive you, and be nourished by you. Become for me the manna in my wilderness, the bread of angels for my very human journey through time, a foretaste of the heavenly banquet, and solace in the hour of my death. I pray all this, trusting that you yourself are our Life, our Peace, and our everlasting Joy. **Amen.**

Prayer after Communion

Renewed now with heavenly bread,
by which faith is nourished, hope increased,
and charity strengthened,
we pray, O Lord,
that we may learn to hunger for Christ,
the true and living Bread,
and strive to live by every word
which proceeds from your mouth.
Through Christ our Lord. **Amen.**

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

Blessing

The Lord be with you,
and also with you.

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him.
And the blessing of God almighty,
the Father, the Son and the Holy Spirit be with you and remain
with you now and always.
Amen

Go in the peace of Christ. **Thanks be to God.**

The Angelus

The angel of the Lord brought tidings to Mary
And she conceived by the Holy Spirit

Hail, Mary, full of grace
The Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.

**Holy Mary, Mother of God,
Pray for us sinners, now,
And at the hour of our death.**

Behold the handmaid of the Lord
Be it unto me according to thy word.

Hail Mary.....
Holy Mary.....

And the Word was made flesh.
And dwelt among us

Hail Mary.....
Holy Mary.....

Pray for us, O holy Mother of God.
That we may be made worthy of the promises of Christ.

We beseech thee, O Lord, pour thy grace into our hearts;
That as we have known the incarnation of thy Son Jesus Christ by
the message of an angel, so by his Cross and Passion we may be
brought to the glory of his Resurrection; Through Jesus Christ our
Lord. **Amen**

At your service:

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Your clergy are called by God to serve you and are always happy to
speak with you

Web:woodgreenparish.com



Wood green parish church of St Michael



@StMichaelsN22

Making an offering to the Church via your bank: -

St Michael Wood Green Business Premium Account

Sort code 20-98-21 Account number 00790869

Using as reference: Gift and you name, if you wish.

You can also make a donation via **Pingit** using a Debit or Credit Card.

You do not need a Pingit

account or the App to do this. Pingit makes no charge to the church for these donations:

<https://www.pingit.me/giving/theparishofwoodgreen>

Bounds Green food bank – wish list: -

Urgently needed food items include tinned fruit/meat/fish/ sauces.
tea bags, dried pasta/Rice uht milk, condensed milk.
breakfast cereal, jam, honey, sugar and cleaning products.

Thank you to all who have given so far, it is much appreciated. We are pleased to accept any donations and pass them on to the food bank.

Thank you for the support it really is appreciated especially as we are feeding over 250 families each week. Revised opening days
Tuesdays and Thursdays 2-4pm until further notice

We pray for all who are ill, that God may grant them health and peace:

Georgia Cordell, Naomi Brown, Francis Ng Yu Tin, Milan, Baby Naira, Ansell, Mildred, Kathleen, Eric, Kate, Seelah, Maureen Clements, Simon Payen, Shirley Angus, Augustus Olufunwa, Eileen Potter, Chris Zinzan, Doreen Lelliot, Bob Wood, Krystyna Hammil, Cicely Blalock, Androulla & Fannos Hadjiordani, Christopher Gibbons, Jazzmine Grimes, Emmanuel Kuye, Alexandra F Assis, Joshua Rattray, Elijah Blake, Victorine Clarke, Amy Harris, Thomas Hewitt, Geri Thompson, Mary Thompson, Sarah Reggerie, Jean Bjork, Ian Lennon, Kathleen Wale, Serena Forni, Derek Ogden, Lawrence Barrett, Dominic Swift, Jennifer Douglas, Peter John Clements, Patience Mafunga, Jereline Simoms, Ayo Dumbuya, Ray and Pam Bennett, Dorren Norine, Beverley Pownall, Shola Adebowale, Una and Pat Murphy, Andrea Negri, Shane Claridge, Francis Burniston, James Ighodaro, Theresa Naish, Louiise, Anastasia, Allen, Jean Bromley, Angela Whyte, Josephine Baker, Saman Joseph, Myrtle, Brenda la Rose, Joe Donkor, Dorothy, Brandon, Ronald, Edna Noel, Anita Atherley, Evelyn Baker, Vincent Booth, Rita Thompson, Zena Godfrey, Mark, Daniel Sintin, Sally Sintin, Amie Samura, Victor Snaith; Marcus Cullen,

for those who have died recently

Joyce Chinhori, Clydie Noel, Julia Panayi, Peggy Wingate, Anton Greenidge, Vita Brooms; Sheila Gitens, George Batley Derek Dobner,

and for all whose anniversary of death falls at this time:

22nd February	Panayiota Petrou
24 th February	Douglas Hunte
26 th February	Maureen Blake

St Michael's Candle: Is burning in loving memory of Marlene NgYuTin

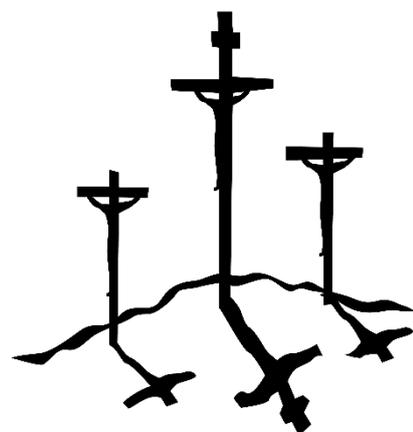
The Blessed Sacrament Candle: is burning in loving memory of
Guy NgYuTin

The Blessed Virgin Mary's Candle: is burning in loving memory of
Liline NgYuTin

Prayers for use at home during Lent

Teach us, O God, so to use this season of Lent
that we may be drawn closer to our Lord,
and in fellowship with him may learn to
hate sin, to overcome temptation,
and grow in holiness,
that our lives may be strengthened for your service
and used for your glory.
We ask this in Christ's name. Amen.

By the prayers of Jesus,
Lord, teach us how to pray.
By the gifts of Jesus,
Lord, teach us how to give.
By the toils of Jesus,
Lord, teach us how to work.
By the love of Jesus,
Lord, teach us how to love.
By the cross of Jesus,
Lord, teach us how to live.



A Meal time Grace

O Lord Jesus,
Bless our home and those we love
and bless this meal before us.
Give us strength to share all we can
with those who hunger and in need. Amen