

# A very warm Welcome to St Michael's Church



*Christ taught with authority.*

*Christ is the great prophet for all times.*

*He speaks to us today with the same authority as he did in his own village at Capernaum. When we free ourselves from worrying about the wrong things we become freer to serve the Lord who will himself put his words in our mouths. In this way we become his prophets.*

Sunday 31st January 2021

## Opening Sentence

Save us, Lord our God,  
and gather us together from the nations,  
that we may proclaim your holy name and glory in your praise.

## Greeting and Entrance

In the name of the Father,  
and of the Son and of the Holy Spirit. **Amen.**

The Lord be with you  
**And with your spirit**

## Call to Confession

My brothers and sisters, to prepare ourselves to celebrate the sacred mysteries, let us first call to mind our sin.

**Almighty God,  
our heavenly Father,  
we have sinned against you,  
through our own fault,  
in thought and word and deed,  
and in what we have left undone.  
For your Son our Lord Jesus Christ's sake,  
forgive us all that is past,  
and grant that we may serve you in newness of life,  
to the glory of your name. Amen.**

Almighty God, who forgives all who truly repent,  
have mercy upon us, pardon and deliver us from all our sin,  
confirm and strengthen us in all goodness,  
and keep us in life eternal,  
through Jesus Christ our Lord. **Amen.**

## Gloria (Stand)

**Glory to God in the highest, and peace to his people on earth.  
Lord God, heavenly King, almighty God and Father, we  
worship you, we give you thanks, we praise you for your  
glory.**

**Lord Jesus Christ, only son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

## **The Liturgy of the Word**

### **Opening Prayer**

Let us pray.

Lord our God, help us to love you with all our hearts and to love all people as you love them. We ask this through our Lord Jesus Christ, who reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

### **Reading**

A reading from the book of Deuteronomy. (18:15-20)

Moses said to the people: Your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. Do not let me hear again you said the voice of the Lord my God, nor look any longer on this great fire, or I shall die; and the Lord said to me, All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die.

This is the Word of the Lord.  
**Thanks be to God.**

### **Responsorial Psalm**

**R. O that today you would listen to his voice!  
Harden not your hearts.**

Come, ring out our joy to the Lord;  
hail the rock who saves us.  
Let us come before him, giving thanks,  
with songs let us hail the Lord. **R.**

Come in; let us kneel and bend low;  
let us kneel before the God who made us  
for he is our God and we  
the people who belong to his pasture,  
the flock that is led by his hand. **R.**

O that today you would listen to his voice!  
“Harden not your hearts as at Meribah,  
as on that day as Massah in the desert  
when your fathers put me to the test;  
when they tried me, though they saw my work.” **R.**

## **Second Reading**

A reading from St Paul's first letter to the Corinthians (7:32-35)

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

This is the Word of the Lord.  
**Thanks be to God.**

## **Alleluia**

**Alleluia, alleluia!**

Blessed are you, Father,  
Lord of Heaven and Earth,  
for revealing the mysteries to mere children.  
**Alleluia, alleluia!**

## **Gospel**

The Lord be with you,  
**And also with you.**

A reading from the Holy Gospel according to Saint Mark, (1:21-28)  
**Glory to you, Lord.**

Jesus and his followers went as far as Capernaum, and as soon as the Sabbath came Jesus went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority.

In their synagogue just then there was a man possessed by an unclean spirit, and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

This is the Gospel of Our Lord.  
**Praise to you O Christ.**

## **Sermon**

### **Creed**

We believe in one God,  
**the Father, the Almighty,**  
**maker of heaven and earth,**  
**of all that is, seen and unseen.**  
**We believe in one Lord, Jesus Christ,**  
**the only Son of God,**

**eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one being with the Father.  
Through him all things were made.  
For us men and for our salvation  
he came down from heaven;  
by the power of the Holy Spirit  
he became incarnate of the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son  
he is worshipped and glorified.  
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

### **Intercessions (Sit)**

Lord in your mercy, **hear our prayer.**

### **The Peace**

Jesus tells us:

'If you bring your gift to the altar and then remember that your neighbour has something against you, first be reconciled with your neighbour and then offer your gift.' (Mt. 5:24)

Christ has reconciled us to God in one body by the cross; we meet in his name and share his peace.

The peace of the Lord be with you always.

**And also with your spirit.**

## **Offertory Prayers**

Blessed are you, Lord God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made; it will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands; it will become for us our spiritual drink.

**Blessed be God for ever.**

Let us pray my brothers and sisters, that our sacrifice may be acceptable to God, the almighty Father.

**May the Lord accept this sacrifice at your hands,  
for the praise and glory of his name,  
for our good and the good of all his holy Church.**

## **The Eucharistic Prayer**

### **Prayer over the Gifts**

Lord,

be pleased with the gifts we bring to your altar,  
and make them the sacrament of our salvation.

We ask this through Jesus Christ, our Lord. **Amen.**

The Lord be with you,  
**and with your spirit.**

Lift up your hearts,

**we lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just**

## Preface

Father, all powerful and everliving God,  
we do well always and everywhere to give you thanks  
through Jesus Christ our Lord.

Out of love for sinful man,  
he humbled himself to be born of the Virgin.  
By suffering on the cross  
he freed us from unending death,  
and by rising from the dead  
he gave us eternal life.

And so, with all the choirs of angels in heaven  
we proclaim your glory  
and join in their unending hymn of praise:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that, by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
Who in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying.  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way after supper  
he took the cup and gave you thanks;  
he gave it to them, saying.  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this as often as you drink it in remembrance of me.  
Let us proclaim the mystery of faith:

**Christ has died, Christ is risen, Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of all,  
rejoicing at his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate the memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.  
Send the holy spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of Holy Mary mother of God,  
St Michael and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord.

By whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever. Amen.

## **The Communion**

Our Father

Let us pray with confidence to the Father  
in the words our Saviour gave us:  
**Our Father,**  
**who art in heaven,**  
**hallowed be thy name,**  
**thy kingdom come, thy will be done;**  
**on earth as it is in heaven.**  
**Give us this day our daily bread,**  
**and forgive us our trespasses**  
**as we forgive those who trespass against us.**  
**and lead us not into temptation,**  
**but deliver us from evil.**  
**For thine is the Kingdom, the power,**  
**and the glory for ever and ever. Amen.**

**Breaking of the bread**

We break this bread to share in the Body of Christ.

**Though we are many, we are one Body,  
because we all share in one Bread.**

### **Lamb of God**

**Lamb of God, you take away the sins of the world;  
have mercy on us.**

**Lamb of God, you take away the sins of the world;  
have mercy on us.**

**Lamb of God, you take away the sins of the world;  
grant us peace.**

This is the Lamb of God who takes away the sin of the World.  
Happy are those who are called to His supper.

**Lord I am not worthy to receive you  
but only say the word and I shall be healed.**

### **Communion Antiphon**

Let your face shine on your servant,  
and save me by your love.

Lord, keep me from shame, for I have called to you.

*If watching the Mass online, we would encourage you to join in with the liturgy. At the point at which the clergy who are present receive Holy Communion you may wish to make an act of spiritual communion by using one of the following prayers:*

My Jesus, I believe that you are in the Blessed Sacrament. I love you above all things, and I long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you.  
**Amen.**

*Or*

Lord Jesus Christ, you are the bread of life and the one true vine. I believe that you are truly present in the Most Holy Sacrament of the Eucharist. I seek you. I worship and adore you. Since I cannot receive you in the Eucharistic bread and wine, I pray that you will come into my heart and soul, that I may be united to you, by your all-powerful and ever-present Holy Spirit. Let me receive you, and

be nourished by you. Become for me the manna in my wilderness, the bread of angels for my very human journey through time, a foretaste of the heavenly banquet, and solace in the hour of my death. I pray all this, trusting that you yourself are our Life, our Peace, and our everlasting Joy. **Amen.**

## **Prayer after Communion**

Lord, you invigorate us with this help to our salvation.

By this Eucharist give the true faith continued growth throughout the world.

Through Christ, our Lord. **Amen.**

**Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.**

## **Blessing**

The Lord be with you,  
**and also with you.**

May Christ, the Word of God, live in your hearts.

May you live in his truth.

May the blessing of God Almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **Amen.**

Go in the peace of Christ. **Thanks be to God.**

## **The Angelus**

The angel of the Lord brought tidings to Mary  
**And she conceived by the Holy Spirit**

Hail, Mary, full of grace

The Lord is with thee.

Blessed art thou among women,

And blessed is the fruit of thy womb, Jesus.

**Holy Mary, Mother of God,  
Pray for us sinners, now,  
And at the hour of our death.**

Behold the handmaid of the Lord  
**Be it unto me according to thy word.**

Hail Mary.....  
**Holy Mary.....**

And the Word was made flesh.  
**And dwelt among us**

Hail Mary.....  
**Holy Mary.....**

Pray for us, O holy Mother of God.  
**That we may be made worthy of the promises of Christ.**

We beseech thee, O Lord, pour thy grace into our hearts;  
That as we have known the incarnation of thy Son Jesus Christ by  
the message of an angel, so by his Cross and Passion we may be  
brought to the glory of his Resurrection; Through Jesus Christ our  
Lord. **Amen**

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Your clergy are called by God to serve you and are always happy to  
speak with you

Web:woodgreenparish.com



Wood green parish church of St Michael



@StMichaelsN22

Making an offering to the Church via your bank: -

**St Michael Wood Green Business Premium Account**  
**Sort code 20-98-21 Account number 00790869**  
**Using as reference: Gift and you name, if you wish.**

You can also make a donation via **Pingit** using a Debit or Credit Card. You do not need a Pingit account or the App to do this. Pingit makes no charge to the church for these donations:

<https://www.pingit.me/giving/theparishofwoodgreen>

**Bounds Green food bank** – wish list: -

**Urgently** needed food items include tinned fruit/meat/fish/ sauces. tea bags, dried pasta/Rice uht milk, condensed milk. breakfast cereal, jam, honey, sugar and cleaning products.

Thank you to all who have given so far, it is much appreciated. We are pleased to accept any donations and pass them on to the food bank.

Thank you for the support it really is appreciated especially as we are feeding over 250 families each week. Revised opening days  
Tuesdays and Thursdays 2-4pm until further notice.

***We pray for all who are ill, that God may grant them health and peace:***

Joyce Chinwi, Naomi Brown, Francis Ng Yu Tin, Milan, Baby Naira, Ansell, Mildred, Kathleen, Eric, Kate, Seelah, Maureen Clements, Simon Payen, Shirley Angus, Augustus Olufunwa , Chris Zinzan, Doreen Lelliot, Bob Wood, Krystyna Hammil, Cicely Blalock, Androulla & Fannos Hadjiordani, Christopher Gibbons, Jazzmine Grimes, Emmanuel Kuye, Alexandra F Assis, Joshua Rattray, Elijah Blake, Victorine Clarke, Amy Harris, Thomas Hewitt, Geri Thompson, Mary Thompson, George Batley, Sarah Reggerie, Jean Bjork, Ian Lennon, Kathleen Wale, Serena Forni, Naomi Brown, Derek Ogden, Lawrence Barrett, Dominic Swift, Jennifer Douglas, Peter John Clements, Patience Mafunga, Jereline Simoms, Ayo Dumbuya, Ray and Pam Bennett, Dorren Norine, Beverley Pownall, Shola Adebowale ,Una and Pat Murphy , Andrea Negri, Shane Claridge, Francis Burniston, James Ighodaro, Theresa Naish, Loiuisse, Anastasia, Allen, Jean Bromley, Angela Whyte, Josephine Baker, Saman Joseph, Myrtle, Brenda la Rose, Joe Donkor, Dorothy, Brandon, Ronald, Edna Noel, Anita Atherley, Evelyn Baker, Vincent Booth, Rita Thompson, Zena Godfrey, Mark, Daniel Sintin, Sally Sintin, Amie Samura, Victor Snaith; Marcus Cullen; Bp Rob & Helen

***for those who have died recently***

Clydie Noel, Julia Panayi, Peggy Wingate, Anton Greenidge, Vita Brooms; Sheila Gitens

***and for all whose anniversary of death falls at this time:***

31<sup>st</sup> January

Richard Njorge, Francis Gardier

3<sup>rd</sup> February

Michael Hubbard

4<sup>th</sup> February

Annie Nelson, Amanda Okenwa

6<sup>th</sup> February

Julie Rowland

**St Michael's Candle:** Is burning in loving memory of Michael Hubbard

**The Blessed Sacrament Candle:** is burning in loving memory of  
Amanda Okenwa

**The Blessed Virgin Mary's Candle:** is burning in loving memory of  
Julia Panayi